



**GRADUATES . . .** Clifford L. Jones Jr. (left), of 20912 Menlo Ave., graduates from Southern California Edison Co.'s Operator Training School. Presenting diploma is R. K. Klumb, superintendent of substations. Jones, first operator at the Sepulveda Substation, completed an intensive course in operating procedures designed to enhance Edison's standard of customer service.

## Insects Can Be Painful, Deadly

Wasps, hornets, bumblebees, ants, mosquitoes, chiggers, scorpions, honey bees, centipedes, spiders, ticks, caterpillars, flies, fleas and bedbugs are just a few of nature's creeping, crawling and flying creatures whose sting or bite can be painful and sometimes deadly.

Bees, wasps, and chiggers are usually the worst annoyers of farmers, fishermen, hunters, and picnickers—but in certain areas scorpions, tarantulas, and poisonous spiders are also a problem.

If a honey bee stings you, remember that time is a big factor in minimizing the pain. Once a bee stings, the barbed stinger and venom-filled sac stay attached to the skin. It takes a bee two or three minutes to inject the whole amount of venom through its stinger, and even though you have brushed aside the bee, the sac continues to pump the venom.

**EXAMINE** the site of the sting and with a knife or your fingernail, scrape the stinger off immediately. Don't try to grasp the stinger with your fingers as you are likely to squeeze more venom into your skin. For first aid, apply a strong Epsom salts solution to draw out whatever poison is under the skin. The area may also be coated with an analgesic cream which will reduce pain and relieve itching.

Hornets, yellow jackets, queen bees, wasps, and bumblebees do not leave their venom sacks when they sting and, consequently, may sting more than once. These stings bring redness, aching, and itching. If you are stung many times, enough venom can be absorbed to make you quite ill. Under those circumstances you should see a physician.

**CHIGGERS** and ticks, some

of which may spread Rocky Mountain spotted fever and tularemia, usually attach themselves to a person's ankles or legs. Remove them with forceps or tweezers if they can be seen. Sometimes the parasites will come out if a lighted cigarette is brought near, but be careful not to burn yourself. To relieve intense itching, apply a weak solution of ammonia or baking soda, or use a reliable ointment recommended by your physician.

As a rule, most spiders are harmless. However, the black widow spider, easily identified by an orange-red hourglass spot on her belly, can cause trouble. So can a tarantula and some centipedes. For first aid treat these bites like snake bites. With a razor blade or sharp knife, cut an "X" through the puncture spot and suck out the poison. See a physician immediately.

**ALTHOUGH** there are only

two of 40 or more species of scorpions in the West that are poisonous and really dangerous to humans, all of these creeping creatures can inflict a painful sting. Don't take chances. See a physician at once if you are bitten. Victims who are allergic or extremely sensitive to the venom, children under 5 years of age, persons who have a history of heart trouble, and those who have been stung repeatedly should be considered emergency cases and rushed to a hospital or physician.

To keep from getting stung or bitten by insects, follow this advice: bees and wasps usually sting when they are actually touched, or when their nest is threatened. If you see several bees disappear under leaves, don't tread there. If a bee flies around you, stand still. Do not run, and do not flail your arms.

## New Principals Named for Area

Three secondary schools in the harbor and south Los Angeles areas will be under the direction of new principals in the fall, according to Los Angeles Superintendent Jack Crowther.

New principals and the schools include John Hunt, Gardena High; Herman Adams, Carnegie Junior High; and Norman Mathers, Dana Junior High in San Pedro.

Repellents will ward off mosquitoes, chiggers, ants, and other insects looking for food—but have little or no value in keeping stinging insects away, because once aroused they will attack.

If you are allergic or sensitive to insect bites you should see your physician. After a careful examination he might administer desensitizing shots to prevent severe reactions to such stings.

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